

MODERN LUXURY

# NASHVILLE

MAY/JUNE 2026

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## AWAY WE GO

Presenting The 2026 Best of  
Travel Awards

THE POWER LIST  
DR. CHRISTINA RAHM IS A MOTHER  
ON A MISSION



## A letter from the EDITOR

# Home & Away

I'm a homebody, but I've always had a travel bug, inspired by half a year of living in Paris when I was fresh out of high school. Whether it's the cities of Spain and Uruguay, and their undiscovered beach towns, Tokyo, Puglia in Italy, Langkawi in Malaysia, Croatia, or Bodrum, to name just a few, discovering new places and cultures is my ultimate reset and source of inspiration. Our annual Modern Luxury Travel Awards in this issue highlight the best destinations around the world and locally we've compiled some of the best hotel destinations and experiences for exploring Nashville and the spectacular countryside, which is where I love returning to.

If your home is your escape, check out Matt Donahoe's complete overhaul of a Franklin residence, inspired by Belgian design and a hotel in Umbria ("Soaring Beauty"). Interior designer and shop owner Robin Rains is famous here for her ability to bring back unique pieces from around the world and she shows us her latest finds ("Mix Master"), while our On The Market story this issue highlights current listings with amenities and exterior spaces for a retreat at home ("Great Escapes").

This issue also highlights Nashville's Power Players, and there is no shortage of entrepreneurial talent in Nashville to uncover. We've tapped into some of it, like multi-disciplinary creative and music industry legend Jason Hollis, who always has something exciting on the horizon ("Rock & Soul"). Our

incredible cover star, Dr. Christina Rahm, is a globally-recognized scientist, humanitarian, entrepreneur, author, CEO and mother who manages companies in 92 countries. She said something in our interview that struck me: while she has an exciting life with a jam-packed schedule that takes her around the world, she feels happiest and most herself at home with her kids. I hope this issue inspires you to discover something new, or wherever your heart is most happy.

**ANDREA MILLS**  
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# Mix Master

Celebrated Music City-based interior designer and antiques dealer, Robin Rains, travels the world, bringing her exceptional finds back to her flagship showroom in the Nashville Design Collective. *by ANDREA MILLS*



"The warmth of this custom scent embodies the luxurious mood of the spaces we work to create."  
*Robin Rains Interior Design  
 Signature Candle, robinrains.com*

**R**enowned for her impeccable style and discerning eye, Robin Rains has become a cornerstone of Nashville's design community. Her work is a master class in the art of the mix, seamlessly blending old-world charm with bespoke contemporary design and natural materials to create interiors that are as layered as they are personal.

Robin's passion for discovery takes her across the globe, sourcing exceptional, one-of-a-kind pieces from France, Belgium, Spain, and Italy. Her treasures inevitably find their way back to her highly curated flagship at the Nashville Design Collective—an established destination for design enthusiasts.

Known not only for her design acumen but also for her personal style, Robin's fashion-forward sensibility mirrors her interiors—thoughtful, bold, and effortlessly chic. *Robin Rains Interior Design + Antiques, 510 Merritt Ave., Ste. 105, robinrains.com*



"These midcentury modern lounge chairs are dynamic with a sculptural silhouette. These chairs make me sing!"  
*French, midcentury angular lounge chairs in teak and cane, robinrains.com*



"A primitive oak frame juxtaposed with modern boucle upholstery is always the right choice."  
*Oak sofa with boucle upholstery, robinrains.com*



"This piece is masculine, sturdy and captivating. It would make a great desk."  
*18th-century Italian mountain pine console converted from an old trunk, robinrains.com*



"Abstract art is so playful. Can you see the woman in a beret holding a rose?"  
*Abstract Art Depicting a French Revolutionary Woman in a Beret Holding a Rose, c. 1950s, robinrains.com*



"Chic, large and in charge!"  
*1980s art deco Style Armchair by Hugues Chevalier, robinrains.com*



"This is an extremely versatile piece with striking hardware and bar functionality."  
*1950s four-door bar mahogany cabinet with original hardware, robinrains.com*



"Love the modern silhouette of this chair combined with the color of the season, jade green."  
*Wood-framed armchair with green upholstery, robinrains.com*